

Walking Day #144, Saturday, January 26, 2013...down route 28 east towards Laurel...time to move

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Saturday was time to add a few miles to the 3,000 milestone and get closer to Key West. When the day was over we had stopped about 38 steps west of Summerland, Mississippi on route 28 east. After a few issues with the odometer it was determined that we went 22.4 miles (36.1290 km's), taken 45,186 steps and found \$0.36 in coins. Mize, Mississippi was on the way. Seems like a nice little town supporting the forestry industry in the area. I also felt like a celebrity! Upon entering town a couple of teenaged girls wanted to know what we were up to. When it was all over they had grabbed a brother and we were having a photo op by the side of the road. The picture shows Angelica, The Walker, Abby and Bailey.



Thanks guys for the welcoming committee! As I walked through town a young man in a pickup stopped me to see where I was walking. Upon hearing what I was up to he reached into his wallet, as he did so he informed me that his mother is living with diabetes. Jacob, your contribution will go to Camp UTADA to assist children with diabetes. Thank you for your interest and your generosity. On the road out of town Rene stopped my for a picture and a few miles later Sandy and two of her triplet granddaughters stopped me as well. Just as I was about to take a picture of them my battery ran out (hate when that happens!!!). Sandy works for the Mississippi Department of Public Safety. She shared that her son had been killed by a drunk driver a number of years ago and urged me to walk safely (always facing traffic) To

lighten up the trip a wee bit she gave me a nice promotional flashlight with drunk driving caution on it. The area has a big forestry industry and many logging trucks passed by. I almost felt like I was in British Columbia when I smelled the fresh cut pine logs. I am sure, this area, when the winter grey gives way to summer green will look wonderful. Large trees, gently rolling hills, a nice road for a motorcycle.

A little shopping on the way home delayed us a bit and were too late for BBQ at Sylvester's Mississippi Style BBQ (5555 Highway 18 W, Jackson, MS 39209) rumored to be the BEST BBQ in the area. The gentleman working the front counter was kind enough to give us his last two small containers of sausage, YUM! If that is any indication of what the rest of the food is like I MAY have to check it out next time I come through the Jackson area. This area definitely requires a "re-do". The Froghead Grill ended up getting our dinner business. Our poor waitress, Jessica, didn't know what to think as Valerie ordered her entree then I followed up with enough food to feed three people! HEY, us power walkers have to have LOTS of food to fuel our habit!!! Jessica, I trust it turned out to be a pleasant experience. Sunday will be a moving day, not sure where yet but it will be somewhere in Alabama on route 84. Thanks for all the support and encouragement as I wander about the country. See ya'll down the road...CHEERS!!!

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